

THE Reserve at Braeswood



THE RESERVE AT
BRAESWOOD
SENIOR LIVING AT EASE

Like Us!  

Lifestyle

ASSISTED LIVING COMMUNITY
7800 N Stadium Drive · Houston, TX 77030

APRIL 2024

The Reserve at Braeswood Team

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Assisted Living
Neighborhood



APRIL 2024

**Brain Bender:
Seasonal
Analogies**

Unlike springtime allergies, these analogies are a fun way to celebrate the season. How many can you solve?

- Example: Bird is to nest as honeybee is to hive.
1. Mother's Day is to May as Father's Day is to _____.
 2. Shovel is to _____ as garden hose is to water.
 3. Tadpole is to frog as _____ is to butterfly.
 4. Horses are to the Kentucky Derby as _____ are to the Indy 500.
 5. _____ are to wagon as blades are to lawnmower.
 6. Trunk is to tree as _____ is to flower.
 7. Mortarboard is to graduate as toque is to _____.
 8. Hot dog is to _____ as taco is to shell.
 9. Sunglasses are to eyes as _____ is to skin.
 10. _____ is to golf as bat is to baseball.
- (Answers: 1. June; 2. dig; 3. caterpillar; 4. cars; 5. wheels; 6. stem; 7. chef; 8. bun; 9. sunscreen; 10. club)

**"Tomorrow morning,
when the sun shines through
your window, choose to
make it a happy day."
—Lynda Resnick**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>April Fools' Day 1 10:00 Morning Meeting 10:30 Yoga w/ Music 11:00 April Fools Day 'History' 2:00 Afternoon Meeting 2:30 Guess the State 3:00 Category Sorts 3:30 Sing Along w/ Keely 4:00 Menu Reading 6:00 Wheel Of Fortune - LR</p>	<p>April Fools' Day 2 10:00 Morning Meeting 10:30 Exercise w/ Select Rehab 11:00 LIS - Clean up Efforts 2:00 Afternoon Meeting 2:30 Craft Committee Meeting 3:00 Crafts /Recycled T-shirt Totes 4:00 Menu Reading 6:00 Classical Movie -LR</p>	<p>National Walking Day 3 10:00 Morning Meeting 10:30 Exercise w/ music 11:00 LLS - Clean up Efforts 2:00 Afternoon Meeting 2:30 Hat Chat 3:30 Catholic Service 4:00 Menu Reading 6:00 Musical Movie -LR</p>	<p>National Walking Day 4 10:00 Morning Meeting 10:30 Zumba Exercise 11:00 LLS - Clean up Efforts 2:00 Afternoon Meeting 2:30 Armchair Travel / Israel 3:00 Cooking Committee / serving 'Hummus and Pita Bread' 4:00 Menu Reading 6:00 Evening Movie -LR</p>	<p>National Walking Day 5 10:00 Morning Meeting 10:30 Tai Chi Exercise 11:00 LLS - Clean up Efforts 2:00 Afternoon Meeting 2:30 Movie & Popcorn (Residents' Choice) 4:00 Menu Reading 6:00 Wheel Of Fortune - LR</p>	<p>National Walking Day 6 10:00 Morning Meeting 10:30 Sit and Be Fit 11:00 LLS - Clean up Efforts 2:00 Afternoon Meeting 2:30 Color Art 3:00 Bingo Game 4:00 Menu Reading 6:00 Evening Musical Movie -LR</p>	
<p>7 10:00 Morning Meeting 10:30 Sittercise w/ Music 11:00 LLS - Clean up Efforts 2:00 Afternoon Meeting 2:30 Bible Study w/ Dolores 3:00 Worship Hymns 3:30 Sing Along w/ Susie Q 4:00 Menu Reading 6:00 Evening Movie -LR</p>	<p>8 10:00 Morning Meeting 10:30 Yoga w/ Music 11:00 LIS - Clean up Efforts 2:00 Afternoon Meeting 2:30 Spectacular Game 3:00 Word Search 3:30 Sing Along w/ Susie Q 4:00 Menu Reading 6:00 Wheel Of Fortune - LR</p>	<p>9 10:00 Morning Meeting 10:30 Exercise w/ Select Rehab 11:00 LLS - Most Beautiful Places 2:00 Afternoon Meeting 2:30 Baking Committee Meeting 3:00 Baking Committee / Honey Bee Cupcakes 4:00 Menu Reading 6:00 Classical Movie -LR</p>	<p>10 10:00 Morning Meeting 10:30 Exercise w/ music 11:00 LLS - Most Beautiful Places 2:00 Afternoon Meeting 2:30 Ice Cream Social 3:30 Catholic Service 4:00 Menu Reading 6:00 Musical Movie -LR</p>	<p>11 10:00 Morning Meeting 10:30 Zumba Exercise 11:00 LLS - Most Beautiful Places 2:00 Afternoon Meeting 2:30 Garden Committee Meeting 3:00 Garden Committee / planting Butterfly Garden 4:00 Menu Reading 6:00 Evening Movie -LR</p>	<p>12 10:00 Morning Meeting 10:30 Tai Chi Exercise 11:00 LLS - Most Beautiful Places 2:00 Afternoon Meeting 2:30 Movie & Popcorn (Residents' Choice) 4:00 Menu Reading 6:00 Wheel Of Fortune - LR</p>	<p>13 10:00 Morning Meeting 10:30 Sit and Be Fit 11:00 LLS - Most Beautiful Places 2:00 Afternoon Meeting 2:30 Color Art 3:00 Bingo Game 4:00 Menu Reading 6:00 Evening Musical Movie -LR</p>
<p>National Gardening Day 14 10:00 Morning Meeting 10:30 Sittercise w/ Music 11:00 LLS - Most Beautiful Places 2:00 Afternoon Meeting 2:30 Lakewood Ministries 3:00 Worship Hymns 3:30 Sing Along w/ Susie Q 4:00 Menu Reading 6:00 Evening Movie -LR</p>	<p>15 10:00 Morning Meeting 10:30 Yoga w/ Music 11:00 LIS - Conservation Efforts 2:00 Afternoon Meeting 2:30 Mimic Game 3:00 Spring Bingo Game 3:30 Sing Along w/ Keely 4:00 Menu Reading 6:00 Wheel Of Fortune - LR</p>	<p>'Braeswood Spring Fair' 16 10:00 Morning Meeting 10:30 Exercise w/ Select Rehab 11:00 LIS - Conservation Efforts 2:00 Afternoon Meeting 2:30 Event Committee / Decorating 3:00 Event Committee / preparing food and games 4:00 Menu Reading 6:00 Classical Movie -LR</p>	<p>17 10:00 Morning Meeting 10:30 Exercise w/ music 11:00 LIS - Conservation Efforts 2:00 Afternoon Meeting 2:30 Spanish Class 3:30 Catholic Service 4:00 Menu Reading 6:00 Musical Movie -LR</p>	<p>18 10:00 Morning Meeting 10:30 Zumba Exercise 11:00 LIS - Conservation Efforts 2:00 Afternoon Meeting 2:30 Karaoke Singing 3:00 Juggling Contest / Virtual 4:00 Menu Reading 6:00 Evening Movie -LR</p>	<p>19 10:00 Morning Meeting 10:30 Tai Chi Exercise 11:00 LIS - Conservation Efforts 2:00 Afternoon Meeting 2:30 Movie & Popcorn (Residents' Choice) 4:00 Menu Reading 6:00 Wheel Of Fortune - LR</p>	<p>20 10:00 Morning Meeting 10:30 Sit and Be Fit 11:00 LIS - Conservation Efforts 2:00 Afternoon Meeting 2:30 Color Art 3:00 Bingo Game 4:00 Menu Reading 6:00 Evening Musical Movie -LR</p>
<p>21 10:00 Morning Meeting 10:30 Sittercise w/ Music 11:00 LIS - Conservation Efforts 2:00 Afternoon Meeting 2:30 Bible Study w/ Dolores 3:00 Worship Hymns 3:30 Sing Along w/ Susie Q 4:00 Menu Reading 6:00 Evening Movie -LR</p>	<p>Passover Begins/ Earth Day 22 10:00 Morning Meeting 10:30 Yoga w/ Music 11:00 Passover Topics 2:00 Afternoon Meeting 2:30 History Of Passover 3:00 Earth Day Topics 3:30 Sing Along w/ Susie Q 4:00 Menu Reading 6:00 Wheel Of Fortune - LR</p>	<p>23 10:00 Morning Meeting 10:30 Exercise w/ Select Rehab 11:00 LIS - Green Technology 2:00 Afternoon Meeting 2:30 Cooking Committee Meeting 3:00 Cooking Committee / preparing Butterfly Fruit Salad 4:00 Menu Reading 6:00 Classical Movie -LR</p>	<p>24 10:00 Morning Meeting 10:30 Exercise w/ music 11:00 LIS - Green Technology 2:00 Afternoon Meeting 2:30 Baking Committee Meeting 3:00 Baking Committee / making Pigs in a Blanket' 3:30 Catholic Service 4:00 Menu Reading 6:00 Musical Movie -LR</p>	<p>April Residents' Birthday Party 25 10:00 Morning Meeting 10:30 Zumba Exercise 11:00 LIS - Green Technology 2:00 Afternoon Meeting 2:30 Birthday Jingo 3:00 Residents' Birthday Party 4:00 Menu Reading 6:00 Evening Movie -LR</p>	<p>Arbor Day 26 10:00 Morning Meeting 10:30 Tai Chi Exercise 11:00 LIS - Green Technology 2:00 Afternoon Meeting 2:30 Movie & Popcorn (Residents' Choice) 4:00 Menu Reading 6:00 Wheel Of Fortune - LR</p>	<p>27 10:00 Morning Meeting 10:30 Sit and Be Fit 11:00 LIS - Green Technology 2:00 Afternoon Meeting 2:30 Story Reading w/ Book Club 3:00 Bingo Game 4:00 Menu Reading 6:00 Evening Musical Movie -LR</p>
<p>28 10:00 Morning Meeting 10:30 Sittercise w/ Music 11:00 LIS - Green Technology 2:00 Afternoon Meeting 2:30 Bible Study w/ Dolores 3:00 Worship Hymns 3:30 Sing Along w/ Susie Q 4:00 Menu Reading 6:00 Evening Movie -LR</p>	<p>29 10:00 Morning Meeting 10:30 Yoga w/ Music 11:00 LIS - Reduce Waste Topics 2:00 Afternoon Meeting 2:30 History Of The Telephone 3:00 Spectacular Game 3:30 Sing Along w/ Keely 4:00 Menu Reading 6:00 Wheel Of Fortune - LR</p>	<p>30 10:00 Morning Meeting 10:30 Exercise w/ Select Rehab 11:00 LIS - Reduce Waste 2:00 Afternoon Meeting 2:30 Happy Hour / hosted by Event Committee 3:00 Event Committee / serving Lemon Cardamom Mocktail 4:00 Menu Reading 6:00 Classical Movie -LR</p>				

Karen Fielder - 4/2
Pat 'Randy' Bullard - 4/4
Maryellen Matthews - 4/11



April Is National Poetry Month

Whether you believe that poetry is merely “the best words in the best order” (Samuel Taylor Coleridge) or “language at its most distilled and most powerful” (Rita Dove), April is the month to celebrate this lyrical form of expression. Brush up on these interesting poetry facts to impress your friends with!

- The longest poem in the world—the Indian epic poem “The Mahabharata”—is around 1.8 million words long!
- “The Epic of Gilgamesh,” from ancient Sumer, is one of the oldest surviving epic poems. Gilgamesh’s adventures were written on stone tablets sometime in the second millennium B.C.
- One of the shortest poems ever written is by George MacDonald. At a brief two words, the poem is shorter than its title (“The Shortest and Sweetest of Songs”)! Another contender is “Lines on the Antiquity of Microbes” by Strickland Gillilan, more commonly known as “Fleas.” The Guinness Book of Records, though, recognizes Aram Saroyan as the winner, with his four-legged “m.”

