

THE Reserve at Braeswood *Lifestyle*



THE RESERVE AT
BRAESWOOD
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY
7800 N Stadium Drive • Houston, TX 77030

MAY 2025



Billie Jones with Three Oaks Hospice and Bill celebrating his Birthday month.



Greeting to Their Majesties Celia and Bob on Mardi Gras.



Bill, Dolores, Celia, Ruth, and Marjorie making some Corned Beef and Cabbage for St. Patrick's Day.

Motivation From Mom

"A mother's love is the fuel that enables a normal human being to do the impossible." —Marion C. Garretty

A Slice of History

"A new delight with every bite" was how ads introduced Wonder Bread when it first arrived on Indianapolis store shelves in May 1921. The century-old brand got its name and package design from a sporting spectacle. Elmer Cline, an executive working at the Taggart Baking Company, was said to have been inspired by the "wonder" of seeing hundreds of colorful hot air balloons dotting the sky in a race at Indianapolis Motor Speedway. Loaves were wrapped in packaging with red, blue and yellow balloon-shaped dots, an iconic feature that's still familiar to many.

MAY 2025

The Doctor Will See You Now

Finding the right doctor involves gathering information from a variety of sources, including your own observations and interactions. But even the perfect doctor isn’t much help if you can’t schedule an appointment when you need one. Patients report many roadblocks to good care, but one of the most common is having to wait weeks or longer for an appointment. If you run into this issue, don’t give up. If you think your problem requires urgent—but not emergency—attention, tell the receptionist. If you still can’t be seen as soon as you’d like, ask to speak to the doctor directly or to the office’s triage nurse. Only a health professional, not the receptionist, can determine your problem’s severity. If you still can’t get in, visit an urgent-care clinic. These facilities handle basic health-care complaints and are better options than waiting hours in an emergency room for relatively minor problems.—ARA

“May is the month of expectation, the month of wishes, the month of hope.”
—Emily Bronte

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>National Lemonade Day 4 10:00 This Day In History 10:30 Spiritual Eldercare Sing Along 11:00 Menu Reading w/ Herbert 2:00 Lakewood Church Ministries 3:00 Sing Along w/ Brad 4:00 Walking Group 6:00 Evening Movie-LR</div>	 <div>Cinco De Mayo 5 10:00 This Day In History 10:30 Chair Yoga w/ Senior Shape Fitness 11:00 History of Cinco De Mayo 2:00 Cinco De Mayo Party 3:00 Make a 7-Layer Dip w/ Cooking Committee 4:00 Music and Dancing w/ Karla 6:00 Wheel Of Fortune-LR</div>	 <div>National Nurses Week Begins 6 10:00 This Day In History 10:30 Exercises w/ Select Rehab 11:00 History of National Nurses Week 2:00 History of Crisco 2:30 Bowling Game 3:30 Horseshoe Game 4:00 Walking Group 6:00 The Price Is Right</div>	 <div>MEMORIAL DAY 7 10:00 This Day In History 10:30 Improved Health Workout 11:00 Menu Reading w/ Anna 2:00 Divine Mercy Chaplet 2:30 Catholic Services w/ Gloria 3:30 Ice Cream Social 4:00 Catholic Hymns 6:00 Evening Movie-LR</div>	<div>Piñata Party 1 10:00 This Day In History 10:30 Chair One Fitness 11:00 Menu Reading w/ Dolores 2:00 Piñata Party Design 3:00 Refreshments and Snacks 4:00 Walking Group 6:00 Wheel Of Fortune-LR</div>	<div>2 10:00 This Day In History 10:30 Sit and Be Fit with Sharon 11:00 Menu Reading w/ Celia 2:00 Movie & Popcorn (Residents' Choice) 3:30 Movie Discussion 4:00 Walking Group 6:00 TV Game Show “Jeopardy”</div>	<div>Kentucky Derby 3 10:00 This Day In History 10:30 Tai Chi w/ Alice McHugh 11:00 Clichés 2:00 History Of Kentucky Derby 3:00 Kentucky Derby Race Party 4:00 Walking Group 6:00 Evening Movie-LR</div>
<div>Mother's Day 11 10:00 This Day In History 10:30 Spiritual Eldercare Sing Along 11:00 History of Mother's Day 2:00 Mother's Day Party w/ Snow Cones 3:00 Bowling Game 3:30 Horseshoe Game 4:00 Walking Group 6:00 Evening Movie-LR</div>	<div>National Nurses Week Ends 12 10:00 This Day In History 10:30 Chair Yoga w/ Senior Shape Fitness 11:00 Menu Reading w/ Bob 2:00 Bingo Game 3:00 Color Art 4:00 Walking Group 6:00 Wheel Of Fortune-LR</div>	<div>13 10:00 This Day In History 10:30 Exercises w/ Select Rehab 11:00 Menu Reading w/ Ruth 2:00 The Story of The Moon Landing 2:30 Bowling Game 3:30 Horseshoe Game 4:00 Walking Group 6:00 The Price Is Right</div>	<div>14 10:00 This Day In History 10:30 Improved Health Workout 11:00 Menu Reading w/ Anna 2:00 Divine Mercy Chaplet 2:30 Catholic Services w/ Fernandita 3:30 Ice Cream Social 4:00 Catholic Hymns 6:00 Evening Movie-LR</div>	<div>15 10:00 This Day In History 10:30 Chair One Fitness 11:00 Menu Reading w/ Dolores 2:00 Puzzle Mania 3:00 Hold That Face 3:30 Magazine Game 6:00 Wheel Of Fortune-LR</div>	<div>16 10:00 This Day In History 10:30 Sit and Be Fit with Sharon 11:00 Menu Reading w/ Celia 2:00 Movie & Popcorn (Residents' Choice) 3:30 Movie Discussion 4:00 Walking Group 6:00 The Price Is Right</div>	<div>17 10:00 This Day In History 10:30 Tai Chi w/ Alice McHugh 11:00 Menu Reading w/ Marjorie 2:00 Color Art 3:00 Puzzle Mania 4:00 That's Right That's Wrong 6:00 Evening Movie-LR</div>
<div>18 10:00 This Day In History 10:30 Spiritual Eldercare Sing Along 11:00 Menu Reading w/ Herbert 2:00 Virtual Lakewood Church Services 3:00 Sing Along w/ Keeley 4:00 Walking Group 6:00 Evening Movie-LR</div>	<div>19 10:00 This Day In History 10:30 Chair Yoga w/ Senior Shape Fitness 11:00 Menu Reading w/ Bob 2:00 Bingo Game 3:00 Color Art 4:00 Walking Group 6:00 Wheel Of Fortune-LR</div>	<div>20 10:00 This Day In History 10:30 Exercises w/ Select Rehab 11:00 Menu Reading w/ Ruth 2:00 The Life of Dolly Parton 2:30 Bowling Game 3:30 Horseshoe Game 4:00 Walking Group 6:00 The Price Is Right</div>	<div>21 10:00 This Day In History 10:30 Improved Health Workout 11:00 Menu Reading w/ Anna 2:00 Divine Mercy Chaplet 2:30 Catholic Services w/ Gloria 3:30 Ice Cream Social 4:00 Catholic Hymns 6:00 Evening Movie-LR</div>	<div>22 10:00 This Day In History 10:30 Chair One Fitness 11:00 Menu Reading w/ Dolores 2:00 Puzzle Mania 3:00 Hold That Face 3:30 Magazine Game 6:00 Wheel Of Fortune-LR</div>	<div>23 10:00 This Day In History 10:30 Sit and Be Fit with Sharon 11:00 Menu Reading w/ Celia 2:00 Movie & Popcorn (Residents' Choice) 3:30 Movie Discussion 4:00 Walking Group 6:00 TV Game Show “Jeopardy”</div>	<div>Herbert's Birthday 24 10:00 This Day In History 10:30 Tai Chi w/ Alice McHugh 11:00 Menu Reading w/ Marjorie 2:00 Color Art 3:00 Puzzle Mania 4:00 That's Right That's Wrong 6:00 Evening Movie-LR</div>
<div>25 10:00 This Day In History 10:30 Spiritual Eldercare Sing Along 11:00 Menu Reading w/ Herbert 2:00 Virtual Lakewood Church Services 3:00 Sing Along w/ Susie Q 4:00 Walking Group 6:00 Evening Movie-LR</div>	<div>Memorial Day 26 10:00 This Day In History 10:30 Chair Yoga w/ Senior Shape Fitness 11:00 History of Memorial Day 2:00 The Best Year of Our Lives 3:00 Memorial Day Picnic 3:30 Red White and Blue Slushies 6:00 Wheel Of Fortune-LR</div>	<div>27 10:00 This Day In History 10:30 Exercises w/ Select Rehab 11:00 Menu Reading w/ Ruth 2:00 The Richest Man in The World 2:30 Bowling Game 3:30 Horseshoe Game 4:00 Walking Group 6:00 The Price Is Right</div>	<div>28 10:00 This Day In History 10:30 Improved Health Workout 11:00 Menu Reading w/ Anna 2:00 Divine Mercy Chaplet 2:30 Catholic Services w/ Fernandita 3:30 Ice Cream Social 4:00 Catholic Hymns 6:00 Evening Movie-LR</div>	<div>Residents' Birthday Party 29 10:00 This Day In History 10:30 Chair One Fitness 11:00 Menu Reading w/ Dolores 2:00 Birthday Bingo 3:00 Birthday Games 4:00 Walking Group 6:00 Wheel Of Fortune-LR</div>	<div>30 10:00 This Day In History 10:30 Sit and Be Fit with Sharon 11:00 Menu Reading w/ Celia 2:00 Movie & Popcorn (Residents' Choice) 3:30 Movie Discussion 4:00 Walking Group 6:00 The Price Is Right</div>	<div>31 10:00 This Day In History 10:30 Tai Chi w/ Alice McHugh 11:00 Menu Reading w/ Marjorie 2:00 Color Art 3:00 Puzzle Mania 4:00 That's Right That's Wrong 6:00 Evening Movie-LR</div>



Mike Klaveness, Susan Klaveness, and Susan's brother, David, having a great time at our Annual Houston Livestock Show and Rodeo Party at The Reserve at Braeswood.



Happy Birthday, Herbert! I hope your day is filled with joy, laughter, and everything you love.



I CHOOSE YOU EVERY DAY

The Reserve at Braeswood Team

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A Century of Chanel

Called the most famous fragrance in the world, Chanel No. 5 celebrates its birthday this month. Developed by French fashion designer Coco Chanel and launched on May 5, 1921, the perfume was the first to encompass dozens of scents, including jasmine and vanilla, rather than relying on one floral note. Over a century later, Chanel No. 5 is so popular that it's been said one of its iconic square bottles is sold every 30 seconds.