

# THE Reserve at Braeswood Lifestyle



THE RESERVE AT  
BRAESWOOD  
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY  
7800 N Stadium Drive • Houston, TX 77030

JUNE 2025



The Golden Girls are ready to harvest some delicious Melon for next year to eat!



Nancy Kianfar enjoying some Good Old Rock "N" Roll.



Top left: Bob having a cold beer on a Sunday Funday.  
Top Right: Mary Ellen trying to calm down a crying baby.

Bottom left: Leah hugging her baby doll and talking to her.

Bottom Right: Bob is showing some famous pictures of some actors to Bill.





JUNE 2025

Citrus Watermelonade

Summertime is sweet when you're sipping on this fruity beverage.

Ingredients:

- 1 cup water
- 2 cups sugar
- 6 cups cubed watermelon, seeds and rind removed
- 2 cups orange juice
- 1 cup grapefruit juice
- 3/4 cup lemon juice
- 3/4 cup lime juice
- 2 to 3 medium oranges, peeled and diced
- 1/2 cup fresh mint leaves

Directions:

Combine water and sugar in a small saucepan and heat on low until sugar is dissolved. Refrigerate until chilled. In a blender, puree 4 cups of the cubed watermelon until smooth. Pour into a larger pitcher. Add the chilled sugar syrup, orange juice, grapefruit juice, lemon juice and lime juice. Stir until well combined. Add remaining 2 cups of cubed watermelon, diced oranges and mint leaves to pitcher. Refrigerate for 2 hours. Serve over ice and garnish with an orange slice and fresh mint.

Find more recipes at  
FloridaCitrus.org.

"The most wasted of days is one without laughter."  
—E.E. Cummings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>10:00 This Day In History</div> <div>10:30 Reach To The Sky</div> <div>11:00 Name That State</div> <div>2:00 Virtual Lakewood Church Services</div> <div>3:00 Sing Along w/ Susie Q</div> <div>4:00 Walking Group</div> <div>6:00 Bewitched on YouTube</div>	<div>2</div> <div>10:00 This Day In History</div> <div>10:30 Zumba Exercise</div> <div>11:00 Stars Who Served</div> <div>2:00 Pistachio Pie with Baking Committee</div> <div>3:00 Karaoke w/ Karla</div> <div>4:00 Walking Group</div> <div>6:00 Our Miss Brooks on YouTube</div>	<div>3</div> <div>10:00 This Day In History</div> <div>10:30 Exercises w/ Select Rehab</div> <div>11:00 '60s Pop Culture Toys</div> <div>2:00 Bowling Game</div> <div>3:00 Horseshoe Game</div> <div>3:30 Golf Game</div> <div>4:00 Walking Group</div> <div>6:00 Bonanza on YouTube</div>	<div>4</div> <div>10:00 This Day In History</div> <div>10:30 Chair One Fitness</div> <div>11:00 Spelling Bee</div> <div>2:00 Catholic Services w/ Fernandita</div> <div>2:30 Divine Mercy Chaplet</div> <div>3:00 Ice Cream Social</div> <div>3:30 Catholic Hymns</div> <div>4:00 Walking Group</div> <div>6:00 Dragnet on YouTube</div>	<div>5</div> <div>10:00 This Day In History</div> <div>10:30 Bingo Game</div> <div>11:00 Menu Reading w/ Dolores</div> <div>2:00 Story of Grover Cleveland</div> <div>2:30 Travel Armchair to Australia</div> <div>3:30 Small Chat about Australia</div> <div>4:00 Walking Group</div> <div>6:00 The Danny Thomas Show on YouTube</div>	<div>6</div> <div>10:00 This Day In History</div> <div>10:30 Sit and Be Fit with Sharon</div> <div>11:00 I'll see you in the funny papers</div> <div>2:00 Movie &amp; Popcorn (Residents' Choice)</div> <div>3:30 Movie Discussion</div> <div>4:00 Walking Group</div> <div>6:00 Dick Tracy on YouTube</div>	<div>7</div> <div>10:00 This Day In History</div> <div>10:30 Tai Chi w/ Alice McHugh</div> <div>11:00 TV Dinners</div> <div>2:00 Puzzle Mania</div> <div>3:00 Color Art</div> <div>4:00 Walking Group</div> <div>6:00 Lassie on YouTube</div>
<div>8</div> <div>Lakewood Ministry</div> <div>10:00 This Day In History</div> <div>10:30 Seated Stretch w/ Jules</div> <div>11:00 '60s Pop Culture Art of the '60s</div> <div>2:00 Lakewood Church Ministries</div> <div>3:00 Hymns of Worship</div> <div>4:00 Walking Group</div> <div>6:00 The Alan Young Show on YouTube</div>	<div>9</div> <div>10:00 This Day In History</div> <div>10:30 Chair Yoga w/ Senior Shape Fitness</div> <div>11:00 Social Change Movement of the '60s</div> <div>2:00 Father's Day Pop Up Card</div> <div>3:00 Water Plants with Garden Committee</div> <div>4:00 Walking Group</div> <div>6:00 Bill Bixby on YouTube</div>	<div>10</div> <div>Iced Tea Day</div> <div>10:00 This Day In History</div> <div>10:30 Exercises w/ Select Rehab</div> <div>11:00 BEATLEMANIA</div> <div>2:00 Bowling Game</div> <div>3:00 Horseshoe Game</div> <div>3:30 Golf Game</div> <div>4:00 Walking Group</div> <div>6:00 The Donna Reed Show on YouTube</div>	<div>11</div> <div>10:00 This Day In History</div> <div>10:30 Seated ABS w/ Jules</div> <div>11:00 Name That State</div> <div>2:00 Catholic Services w/ Gloria</div> <div>2:30 Divine Mercy Chaplet</div> <div>3:00 Ice Cream Social</div> <div>3:30 Catholic Hymns</div> <div>4:00 Walking Group</div> <div>6:00 I Love Lucy on YouTube</div>	<div>12</div> <div>10:00 This Day In History</div> <div>10:30 Bingo Game</div> <div>11:00 Menu Reading w/ Anna</div> <div>2:00 Sing Along w/ Keeley</div> <div>3:00 Most Beautiful Cities to Visit in 2025</div> <div>4:00 Walking Group</div> <div>6:00 The Honeymooners on YouTube</div>	<div>13</div> <div>10:00 This Day In History</div> <div>10:30 Disco Workout w/ Jules</div> <div>11:00 The History of Pizza</div> <div>2:00 Movie &amp; Popcorn (Residents' Choice)</div> <div>3:30 Movie Discussion</div> <div>4:00 Walking Group</div> <div>6:00 The Brady Bunch on YouTube</div>	<div>14</div> <div>10:00 This Day In History</div> <div>10:30 Seated Cardio w/ Jules</div> <div>11:00 The Richest Man in The World</div> <div>2:00 Puzzle Mania</div> <div>3:00 Color Art</div> <div>4:00 Walking Group</div> <div>6:00 Mr. District Attorney on YouTube</div>
<div>15</div> <div>Father's Day</div> <div>10:00 This Day In History</div> <div>10:30 Chair One Fitness</div> <div>11:00 The Life of Dolly Parton</div> <div>2:00 Virtual Lakewood Church Services</div> <div>3:00 Hymns of Praise</div> <div>4:00 Walking Group</div> <div>6:00 Pan AM on YouTube</div>	<div>16</div> <div>Father's Day Party</div> <div>10:00 This Day In History</div> <div>10:30 Bingo Game</div> <div>11:00 The Story of The Moon Landing</div> <div>12:00 Father's Day Picnic</div> <div>1:00 Bingo with Sharon Perry</div> <div>2:00 Outdoor Games</div> <div>2:30 Walking Group</div> <div>6:00 Mister Peepers on YouTube</div>	<div>17</div> <div>10:00 This Day In History</div> <div>10:30 Exercises w/ Select Rehab</div> <div>11:00 Crisco</div> <div>2:00 Bowling Game</div> <div>3:00 Horseshoe Game</div> <div>3:30 Golf Game</div> <div>4:00 Walking Group</div> <div>6:00 I Married Joan on YouTube</div>	<div>18</div> <div>10:00 This Day In History</div> <div>10:30 Full Body w/ Jules</div> <div>11:00 Guess Who</div> <div>2:00 Catholic Services w/ Fernandita</div> <div>2:30 Divine Mercy Chaplet</div> <div>3:00 Ice Cream Social</div> <div>3:30 Catholic Hymns</div> <div>4:00 Walking Group</div> <div>6:00 The Twilight Zone on YouTube</div>	<div>19</div> <div>Juneteenth</div> <div>10:00 This Day In History</div> <div>10:30 Bingo Game</div> <div>11:00 Menu Reading w/ Celia</div> <div>2:00 Juneteenth Outdoor Picnic</div> <div>3:00 Juneteenth Celebration</div> <div>4:00 Menu Reading w/ Celia</div> <div>6:00 Father Knows Best on YouTube</div>	<div>20</div> <div>10:00 This Day In History</div> <div>10:30 Gentle Mobility Exercise w/ Jules</div> <div>11:00 Places And Things</div> <div>2:00 Movie &amp; Popcorn (Residents' Choice)</div> <div>3:30 Movie Discussion</div> <div>4:00 Walking Group</div> <div>6:00 Our Miss Brooks on YouTube</div>	<div>21</div> <div>World Music Day</div> <div>10:00 This Day In History</div> <div>10:30 Zumba Exercise</div> <div>11:00 BEATLEMANIA</div> <div>2:00 Listen to music from other lands</div> <div>3:00 Who am I?</div> <div>4:00 Walking Group</div> <div>6:00 My Favorite Martian on YouTube</div>
<div>22</div> <div>10:00 This Day In History</div> <div>10:30 Rock n' Roll w/ Jules</div> <div>11:00 The Story of Woodstock</div> <div>2:00 Virtual Lakewood Church Services</div> <div>3:00 Hymns of Grace</div> <div>4:00 Walking Group</div> <div>6:00 The Ernie Kovacs Show on YouTube</div>	<div>23</div> <div>10:00 This Day In History</div> <div>10:30 Chair One Fitness</div> <div>11:00 The History of Gum</div> <div>2:00 Craft Comm./ Candle Making</div> <div>3:00 Arts And Crafts</div> <div>4:00 Walking Group</div> <div>6:00 The Jack Benny Program on YouTube</div>	<div>24</div> <div>10:00 This Day In History</div> <div>10:30 Exercises w/ Select Rehab</div> <div>11:00 Bio of Nelson Mandela</div> <div>2:00 Bowling Game</div> <div>3:00 Horseshoe Game</div> <div>3:30 Golf Game</div> <div>4:00 Walking Group</div> <div>6:00 To Many Lovers of Dobie Gillis on YouTube</div>	<div>25</div> <div>10:00 This Day In History</div> <div>10:30 Rock n' Roll w/ Jules</div> <div>11:00 Celebrity Trivia</div> <div>2:00 Catholic Services w/ Gloria</div> <div>2:30 Divine Mercy Chaplet</div> <div>3:00 Ice Cream Social</div> <div>3:30 Catholic Hymns</div> <div>4:00 Walking Group</div> <div>6:00 The Lone Ranger on YouTube</div>	<div>26</div> <div>Residents' Birthday Party</div> <div>10:00 This Day In History</div> <div>10:30 Bingo Game</div> <div>11:00 Menu Reading w/ Juanita</div> <div>2:00 Residents' Birthday Party</div> <div>3:00 Birthday Bingo</div> <div>3:30 Birthday Cake Ring Toss</div> <div>4:00 Walking Group</div> <div>6:00 Leave It To Beaver on YouTube</div>	<div>27</div> <div>10:00 This Day In History</div> <div>10:30 Zumba Exercise</div> <div>11:00 The Story of the Titanic</div> <div>2:00 Movie &amp; Popcorn (Residents' Choice)</div> <div>3:30 Movie Discussion</div> <div>4:00 Walking Group</div> <div>6:00 I Dream of Jeannie on YouTube</div>	<div>28</div> <div>10:00 This Day In History</div> <div>10:30 Disco Workout w/ Jules</div> <div>11:00 The Story of Louis Braille</div> <div>2:00 Puzzle Mania</div> <div>3:00 Color Art</div> <div>4:00 Walking Group</div> <div>6:00 Adventures of Superman on YouTube</div>
<div>29</div> <div>10:00 This Day In History</div> <div>10:30 Sit and Be Fit with Sharon</div> <div>11:00 Grover Cleveland</div> <div>2:00 Virtual Lakewood Church Services</div> <div>3:00 Hymns with Lyrics</div> <div>4:00 Walking Group</div> <div>6:00 My Little Margie on YouTube</div>	<div>30</div> <div>Wimbledon</div> <div>10:00 This Day In History</div> <div>10:30 Dear Watson! Wimbledon's Technology</div> <div>11:00 Walking Group</div> <div>2:00 Outdoors Play Wimbledon</div> <div>3:00 Wimbledon Guessing Game</div> <div>4:00 Walking Group</div> <div>6:00 The Jackie Gleason Show on YouTube</div>	<div></div>				



# HAPPY BIRTHDAY !!!

6/03- Nadine Kinney 6/16-Kendazia Thompson  
6/16-Raquelle Mayfield 6/20-Dorothy Wright  
6/25-Mairelin Madruga 6/26-Cameron White  
6/28-Dolores Horton 6/29-Marlene Garcia



To the hands that transform care into action, the touch that brings compassion to life, and the smiles that turn love into healing, you embody the true art of nursing.  
**Happy Nurses Week, Nadine!**

## The Reserve at Braeswood Team

Michelle White  
Executive Director  
mwhite@tarantinoseniorliving.com  
Nadine Kinney  
Health Services Director  
nkinney@tarantinoseniorliving.com  
Karla Rodriguez  
Lifestyle Director  
krodriguez@tarantinoseniorliving.com  
Jonathan Breakey  
Executive Chef  
jbreakey@tarantinoseniorliving.com  
Jimmy Tejada  
Environmental Services Director  
jtejada@tarantinoseniorliving.com



## Popcorn Pick: 'The Endless Summer'

In 1963, documentary filmmaker Bruce Brown followed surfers Mike Hynson and Robert August on a trip around the world's oceans, searching for the perfect wave. The resulting footage became a movie that inspired millions to take up surfing. A surfer himself, Brown had already found success with several other documentaries about the sport, but "The Endless Summer" was his masterpiece, winning audiences with breathtaking photography and a rollicking surf rock soundtrack by The Sandals. The movie's poster, an illustration of the surfers against a neon setting sun, has become an iconic emblem of the 1960s.